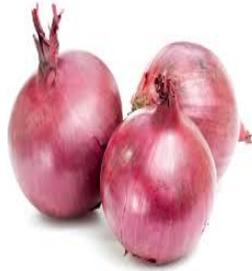




## Natural Remedy for Nosebleed

### Nosebleed:

The medical term for nosebleed is epistaxis. We can also say nasal hemorrhage. The human nose, and those of many animals are rich in blood vessels.



### Causes:

- Nosebleeds can occur spontaneously when the nasal membranes dry out and crack. This is common in dry climates, or during the winter months when the air is dry and warm from household heaters. People are more susceptible to a bloody nose if they take medications that prevent normal blood clotting.

### Symptoms:

- Heavy bleeding from your nose
- An irregular heart beat
- Shortness of breath
- You turn pale
- You swallow large amounts of blood that makes you vomit

### Diagnosis:

- The doctor will examine your nose to determine where the bleeding is located. If necessary, he or she may insert a lighted, tube-like instrument called an endoscope into your nose to see the site of bleeding. Blood tests may be done to check for any bleeding abnormalities.

### Ingredients:

- Onion
- castor oil

### Natural Remedies:

- Treat a nose bleed with an onion. When nosebleed take place, immediately slice an onion and hold it just under your nose. The fumes that release from the onion act as a natural coagulant and the nose will stop bleeding.



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- Castor oil is particularly helpful when left overnight on thick, small, well-circumscribed lesions. If cold-pressed castor oil is mixed with baking soda, it has been found to greatly improve thick, scaly heel skin, as long as the skin isn't cracked.
  - Peel the onion and cut into small pieces. Fry the onion and castor oil. If you eat the fried items, nosebleed will be subsided.

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