



Natural Remedy for Body Cooling

Body Cooling:

- Body cooling is a treatment used to help newborns who may have experienced a lack of oxygen during delivery. Lack of oxygen and diminished blood supply to the brain can cause brain injury. This brain injury can be mild, moderate, or severe.



Causes:

- The cause of sweating and body odor stems from your body's temperature regulation system, specifically your sweat glands. Sweating helps maintain your body temperature, hydrates your skin and balances your body fluids and electrolytes, chemicals in your body such as sodium and calcium. Your skin has two types of sweat glands: eccrine glands and apocrine glands.

Symptoms:

1. Body Heat

Diagnosis:

- The hypothermia treatment involves placing the newborn on a special plastic blanket that contains cool, circulating water. The cool water reduces the baby's body temperature to as low as 92.3 degrees Fahrenheit. The reduced temperature is sustained for three days, and then returned to normal.

Ingredients:

1. Cucumber

Natural Remedies:

- The cucumber contains the minerals manganese, molybdenum, potassium, silica, sulfur, and lesser amounts sodium, calcium, phosphorus and chlorine. During dry and hot weather, drink a glass of cucumber and celery juice. It cools the body literally.

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- Before you bath, take the cucumber with grind paste. Apply the cucumber paste in your body. Then if you take bath, your body will cool. Body smooth as silk.