



Natural Remedy for Toothache

Toothache which is pain in the jaw is usually because of the inflammation of the pulp of the tooth (pulpitis). Cold, heat or pressure on the tooth may increase the pain. Sometimes a toothache may be due to non-dental reasons like infection of the ears and sinus. **Causes:**

- Toothache can also be caused by a broken or fractured tooth without any cavity.
- Dental Cavities.
- Expose tooth roots.
- Cracked Tooth Syndrome.
- Gum disease.
- Improper brushing.

Symptoms:

- Toothache.
- Bleeding from gum.

Diagnosis:

- Dentists can run a differential diagnosis to find out the major causes of the toothache. The differential diagnosis involves a histological analysis of the affected tooth and the surrounding gums and tissues. The exposed pulp may be analyzed to find out the bacterial destruction of the tooth. The dentist may diagnose that periapical tissue inflammation is the real cause of toothache.



Ingredients:

1. Bay leaves.

Natural Remedies:

• Medicinally, the properties of the bay leaf and its berries are legendary. It has astringent, diuretic, and appetite stimulant properties. Essential oil from the bay leaves contains mostly cineol (50%), furthermore, eugenol, chavicol, acetyl eugenol, methyl eugenol, α - and β -pinene, phellandrene, linalool, geraniol and terpineol are also found.

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Take some bay leaf, boil with water. Filter it and wash out your mouth.