



Neem

While we hear the “Neem”, we are remembering, its fully bitter taste. In fact, we can't say about those benefits. Neem leaves, neem flowers, neem bark, neem seed and neem fruit, every part of the neem tree is used for its medicinal value. It is called 'the village pharmacy'. Neem products are believed to be anthelmintic, antifungal, antidiabetic, antibacterial, antiviral, contraceptive and sedative. The Ayurvedic and Unani systems of medicine use the properties of neem in all their treatments.



Medicinal Value: The chemical compounds that have been identified and scientists feel that there are many more compounds yet to be identified in neem. Other than sodium, potassium, salts, it contains chlorophyll, calcium, phosphorus, iron, thiamine, riboflavin, nicotinic acid, vitamin C, carotene, and oxalic acid. The chemicals classified are:

- Nimbin: anti-inflammatory, anti-pyretic, anti-histamine, anti-fungal
- Nimbidin: anti-bacterial, anti-ulcer, analgesic, anti-arrhythmic, anti-fungal
- Nimbidol: anti-tubercular, anti-protozoan, anti-pyretic
- Gedunin: vasodilator, anti-malarial, anti-fungal
- Sodium nimbinat: diuretic, spermicide, anti-arthritis
- Quercetin: anti-protozoal
- Salannin: insect repellent
- Azadirachtin: insect repellent, anti-feedant, anti-hormonal

Other chemicals that form its therapeutic value are:

- Limonoids, Terpenoids and steroids, Tetraterpenoids, Fatty acid derivatives like margosinone and margosinolone
- Coumarins like scopoletin, dihydrocoumarins, Hydrocarbons like docosane, pentacosane, heptacosane, octacosane etc.
- Sulphur compounds, Phenolics, Flavonoglycosides and Tannins

Medicinal purposes of NEEM:

- The neem (*Azadirachta Indica*) is an important part of life in India. Neem to react against virus. So, it is used to treat chicken pox. It controls the spread of chicken pox.
- In beginning stage of Elephantiasis disease, Neem has a capacity to control the swelling of elephantiasis. Take some neem bark, crush it and make its decoction. Then drink it continuously 48 days in the morning. According to the doctor consultation, If you drink it continuously, reduce the swelling of elephantiasis.



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- Eczema is common and attack the child. Neem oil is the best solution for this skin disease. We can apply on the skin. And also neem oil product from all types of skin diseases. Because, neem has antibacterial and antiviral properties. Dysmenorrhoea or painful menstruation is a common problem affecting many women. For this problem, neem oil is used for internal medicine.
 - It is an excellent anti malarial remedy. Neem is also used for treating fevers as it has antipyretic properties. In siddha medicine, neem bark decoction used to cure the fever. And also Neem bark Sooranam gives to the patient by the siddha doctors.

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